

Bedford High School
Department of Physical Education and Health
Mr. Mangan, Instructor

Course Description- # 9243 – Athletic Training

The purpose of this course is to provide students with an introduction to sports medicine from the athletic training perspective. The course will include lecture, class discussion, video, and lab sessions to provide a foundation in the field of sports medicine. Current issues and concerns will be a focus for outside reading and in class discussion.

Periods per cycle: 2

Credits: 2.5

Prerequisite: none

I. Learning Objectives:

By the completion of this course, the successful student will have learned:

- a) To identify the differences between Sports Medicine and Athletic Training.
- b) To develop a basic understanding of the Six Domains of Athletic Training.
- c) To locate the different systems of the body.
- d) To recognize and understand the importance of the anatomy and physiology of the body.
- e) To demonstrate skills necessary to provide care and treatment of injuries.

II. Learning Experiences:

In this course students will:

- a) Participate in lab sessions that will include the introduction and practice or wrapping, splinting, and taping skills.
- b) Be an active participant in all class projects, discussions, and lab sessions.
- c) Complete a project or presentation each quarter related to one or more of the lessons taught during the course.

III. Course Materials:

In order to keep this course up to date, a collection of materials, videos, articles and curriculum documents will be used. **All students should have a 3-ring binder.**

IV. Course Evaluation

<input type="checkbox"/> Class Participation / Homework (CP)	35%
<input type="checkbox"/> Exams / Projects (EP)	50%
<input type="checkbox"/> Lab Skills (LS)	15%

Updated 9/6/07

