

Bedford High School
Physical Education & Health Department
Katie Paul, Teacher

Course #9272 Dance: From Tango to Hip-Hop Miss Paul, Dance Teacher

Students will develop dance vocabulary, build basic locomotor skills, learn choreographed routines and create dances. Students will be introduced to different dance styles via dance combinations and videos featuring professional dance companies and performances.

Periods per cycle: 2

Credits: 2.5

Level: 2

I. Learning Objectives

By completion of this course, the successful student will have learned to:

- a. properly stretch and strengthen muscles through various warm up exercises
- b. understand body function and it's relation to balance, injury prevention, flexibility, and weight distribution
- c. perform basic dance combinations appropriate to particular dance styles
- d. define dance vocabulary
- e. successfully choreograph dance combinations utilizing choreography techniques
- f. identify the historical background and origin of each dance style
- g. understand the correlation between dance and music
- h. appreciate dance as an art form

II. Learning Experiences

In this course, students will:

- a. actively participate in class warm-up, across the floor combinations, and dance routines
- b. work in small groups to complete a choreographed routine for specific dance styles
- c. watch other small groups perform their routine and offer constructive feedback
- d. perform on stage in an end of the year dance production with the rest of their class

III. Course Outline

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| 1. Hip Hop | September |
| 2. Jazz | October |
| 3. Hip Hop or Jazz Dance Group Project | November-December |
| 4. Field Trip??? | December |
| 5. Ballroom Dance | January |
| 6. Performance Rehearsal | February-April |
| 7. Stomp, Ballet, and anything we haven't had time for | May-June |

ANNUAL DANCE SHOWCASE!!! It is a wonderful experience for each class to demonstrate their hard work and to share in an entertaining evening. ALL STUDENTS ARE EXPECTED TO PARTICIPATE IN THE SHOW IN SOME CAPACITY.

Classroom Policies

- Be on time! Students will be considered late to class 8 minutes after the 2nd bell rings. First period students must sign in at the office after 7:30 prior to coming to class.
- Wear appropriate dance attire to every class (shorts, warm-up pants, T-shirts, sneakers).
- Students are expected to stay in the classroom for the entire class period. Please use the restroom while in the locker room before or after class. Passes outside of the room will only be given in an emergency situation.
- Water breaks will be given throughout the class period at the teacher's discretion.
- Be respectful to the teacher and to other students.
- Have an open mind and be willing to learn something new.
- Wait inside the gym for the bell to ring at the end of class.
- No food in the dance room. Water bottles are ok.
- Stay on task – you're here to dance, not talk.

*****Regular attendance and active participation with a positive attitude is imperative to your grade. Students will not be permitted to see other teachers, go to the library, make up a test, or study/do homework instead of participating in dance class. Dance class is for dancing, not for catching up on other assignments, even if you "know the dance".

Grading Policy

Class Participation: A subjective evaluation of student involvement & cooperative level in each class activity. 5-0 points

- Students who maximize their class time by being fully engaged, knowing the rules and strategies of the scheduled activity, and dress in appropriate class attire: **5 points**
- Students who frequently are engaged, but do not fully utilize their time in class and do not become fully active in scheduled activity or do not dress appropriately for class: **4-3 points**
- Students who rarely become involved and show very little to no enthusiasm, choosing not to participate or to dress appropriately for class: **2-1-0 points**